Aldine ISD

Athletics Department

COVID-19 MANAGEMENT PLAN

ALDINE
Independent School District

ATHLETICS DIRECTORY

Dre' Thompson, CAA
Executive Director of Athletics
Email: lethompson@aldineisd.org

Sandra Mader, CMAA
Director of Athletic Services
Email: ssmader@aldineisd.org

Dean Colbert, CAA
Director of Athletic Services
Email: jdcolbert@aldineisd.org

Aldine Senior High School
Carl Semler, Athletic Coordinator
Email: chsemler@aldineisd.org

Davis Senior High School
Scott Joseph, Athletic Coordinator
Email: sajoseph@aldineisd.org

Eisenhower Senior High School
Eric Jackson, Athletic Coordinator
Email: edjackson@aldineisd.org

MacArthur Senior High School
Wayne Crawford, Athletic Coordinator
Email: wecrawford@aldineisd.org

Nimitz Senior High School
Richard Slater, Athletic Coordinator
Email: rjslater@aldineisd.org

Aldine Middle School
Tad Stricker, Athletic Coordinator
Email: twstricker@aldineisd.org

Garcia Middle School
Jeffrey Bisotooni Athletic Coordinator
Email: jmbisotooni@aldineisd.org

Grantham Middle School
Jeffrey Solomonson, Athletic Coordinator
Email: jasolomonson@aldineisd.org

Hambrick Middle School
Claude Mims, Athletic Coordinator
Email: cdmims@aldineisd.org

Hoffman Middle School
Tony Stanton, Athletic Coordinator
Email: tdstanton@aldine-isd.org

Jones Middle School
Laurentis Butler-Thomas, Athletic Coordinator
Email: lrbutler@aldineisd.org

Lewis Middle School
Delvin Williams, Athletic Coordinator
Email: dlwilliams3@aldineisd.org

Mead Middle School
Derek Clack, Athletic Coordinator
Email: ddclack@aldineisd.org

Plummer Middle School
Herbert McDaniel, Athletic Coordinator
Email: hmcdaniel@aldine-isd.org

Shotwell Middle School
Jermaine Joseph, Athletic Coordinator
Email: jjoseph@aldine-isd.org

Stovall Middle School
Justin Mullikin, Athletic Coordinator
Email: jrmullikin@aldine-isd.org

Teague Middle School
Tom Marschall, Athletic Coordinator
Email: tomarschall@aldine-isd.org

ATHLETICS STATEMENT

The district's athletic programs will begin on-campus strength and conditioning training for the 2020 season the week of September 14, 2020.

There have been many discussions to make the return to practice and competition as safe as possible. Our number one priority is the general health and safety of our student-athletes and staff. All of the precautions include recommendations by the CDC, TEA and UIL and are based on what is currently known about the coronavirus disease (COVID-19).

Each secondary school will have planned and organized workouts to keep the student-athletes, coaches, and trainers safe and healthy. The athletic directors, coaches, and trainers at each of the schools will communicate the dates and times for each sport's workout. They will ensure that indoor and outdoor training sessions are properly monitored and within the current UIL guidelines for capacity. Please be aware that the Aldine ISD Athletics Department, coaching staff and district officials will work together to ensure proper leadership for social distancing. We anticipate the support of all Aldine ISD stakeholders.

Every coach, trainer, and student-athlete is required to bring his or her own face covering and water bottle. Staff and students should complete the pre-screening health questions upon entry each day. Hand sanitizer and hand-washing stations will be available.

Every coach and I look forward to welcoming back our student-athletes! We have a lot of work ahead of us to prepare our athletes for future seasons.

As I close this letter, I want to take a moment to express my gratitude. Thank you for being a partner in our efforts to build strong, dedicated, and collaborative athletic teams in Aldine ISD.

Sincerely,



Dre' Thompson
Executive Director of Athletics

GENERAL OVERVIEW

This is an overview of the Aldine ISD Athletic Department's plan for athletic practices and games this fall. The health and safety of our student-athletes has been our top priority, while developing these guidelines. This plan is designed to provide protocols for student-athletes, coaches and trainers to follow during athletic practices and games.

The following guidelines follow both the district health and safety protocols and the guidelines provided by the Texas Education Agency (TEA) and the University Interscholastic League (UIL).

The Aldine ISD Athletic Department will work closely with Aldine ISD leadership, campus administrators, the Harris County Health Department, the UIL and the state of Texas to ensure that timely and appropriate responses will be made to help protect the safety and well-being of our student-athletes and staff.

Staff and student-athletes will be expected to conduct themselves in a manner aligned with all guidelines in order to protect themselves and others. It is the responsibility of all involved to ensure these guidelines are followed.

All staff and student-athletes will be required to complete a self-screen for COVID-19 symptoms, before participating, or attending UIL activities or entering areas where UIL activities are being conducted.

1. All staff and student-athletes should inform the trainer, campus coordinator or head coach if they have received positive lab-confirmed COVID-19 test results or have been in close contact with anyone who has positive lab-confirmed COVID-19 results.

2. Schools and stadium personnel are permitted to dismiss individuals who do not comply with COVID-19 management policies, from being admitted into school/athletic facilities.

3. All staff, student-athletes and visitors, four years or older must wear face coverings upon entry to areas where UIL activities are being conducted and

when not actively exercising.

4. All seating capacities of athletic activities will be determined by the number of seats in the facility, under the social distancing rules, but not to exceed 50 percent of stated capacity.

5. Aldine ISD will utilize online ticketing for all games. In person ticket sales will be limited. Varsity games will be streamed.

6. No athletic game passes will be allowed. All individuals, that are not participants, must have a ticket.

DAILY SCREENING/RETURN TO PLAY

1. Aldine ISD Athletic staff and student-athletes must answer a daily health questionnaire prior to entering any athletic facility, if they have not been screened on campus already. Aldine ISD Daily Screening Guidelines include a health self-screening. The short self-screening is a series of questions.

2. Athletic staff and student-athletes will be required to have a mask and their own water bottle/cooler before entering any athletic facility.

3. Athletic staff and student-athletes must use hand sanitizers or wash their hands before entering the building and should wash their hands often.

COVID-19 SYMPTOMS

- Feeling feverish or measured temperature of 100.0 Fahrenheit or higher
- Loss of taste or smell
- Cough
- Difficulty breathing
- Shortness of breath
- Fatigue
- Headache
- Chills
- Sore throat
- Congestion or runny nose
- Shaking or exaggerated shivering
- Significant muscle pain or ache
- Diarrhea
- Nausea or vomiting

4. Athletic staff and student-athletes who appear to have symptoms will be immediately separated from others and instructed to leave the facility. Direction will be provided by the Aldine ISD Athletic Training Staff.

5. Athletic staff and student-athletes must go through a return-to-sport process with the Athletic Trainer and must be cleared by the COVID-19 campus team, which includes the trainer, campus athletic coordinator or head coach before returning to campus. A minimum of 10 days must pass before returning to practice. In the case of an individual who has symptoms that could be COVID-19 and who is not evaluated by a medical professional or tested for COVID-19, such individual is assumed to have COVID-19, the individual may not return to the campus until the individual has completed the same three-step set of criteria listed below.

    1. At least one day (24 hours) have passed since recovery (resolution of fever without the use of fever reducing medications.)

    2. The individual has improvement in symptoms (e.g., cough, shortness of breath.)

    3. At least ten days have passed since symptoms first appeared.

    If the individual has symptoms that could be COVID-19 and wants to return to school before completing the above stay at home period, the individual must either:

    (a) obtain a medical professional's note clearing the individual for return based on an alternative diagnosis or

    (b) obtain an acute infection test (at a physician's office, approved testing location, or other site) that is negative for COVID-19.

    In addition to the criteria and processes described above, a student who has been diagnosed with COVID-19 must receive clearance from a physician prior to returning to participation in UIL activities.

FIELD HOUSE/LOCKER ROOM GUIDELINES

1. Each campus (Athletic trainers and coaches) will create a specific plan for the required groups of student-athletes.

2. Athletic staff and student-athletes must wear a mask while in the field house at all times.

3. Teams will have a staggered arrival/dismissal. Appropriate locker room spacing; assigned coaches will enter with student-athletes and monitor for compliance.

4. Coaches will monitor the groups to prevent gathering and encourage social distancing.

5. Helmets, sporting equipment and shoulder pads will be sanitized after each practice.

6. Athletic staff and student-athletes should sanitize/wash hands prior to leaving.

7. Coaches will be assigned to clean all equipment used for practice on the next day. All surfaces in workout areas must be thoroughly disinfected throughout and at the end of each day.

8. Used clothes and clothes will be placed in trash bags not in bins after each use.

9. Coaches and staff will wear gloves, masks and eye protection when handling clothes/equipment.

GAME POLICY

1. Seating capacities will be determined by the number of seats, under the social distancing rule, but will not exceed 50 percent.

2. Schools and stadium personnel are permitted to prevent or dismiss individuals who do not comply with COVID-19 management policies, from being admitted

into school/stadium facilities.

3. All staff, student-athletes and visitors, four years or older must wear face coverings or face shields upon entry to areas where UIL activities are being conducted and when not actively exercising or coaching.

4. We will utilize online ticketing for all games. In person ticket sales will be limited. Games will be streamed through VYPE.

5. No athletic game passes will be allowed. All individuals, that are not participants, will need to have a ticket.

6. The Head Coach of the home team will contact the Head Coach of the visiting team to ensure student screening is completed before loading the bus to travel to each scheduled game.

7. Athletic staff and student-athletes must wear a mask while traveling to and from games, in locker rooms and when not actively participating or standing on sidelines.

8. Locker rooms will be cleaned and sanitized before the teams arrive. Access to locker rooms will be limited to athletic staff and players only.

9. All staff, sport officials, workers, coaches assigned to scout, medical personnel and media personnel should go through a self-screening process before entering the facility.

10. Water will be provided for participants to refill their bottles by athletic trainers and coaches. Individuals are encouraged to bring their own bottles of water.

11. All Aldine ISD schools will provide the athletic office their process for pre-game, before arriving at the facilities.

12. If tickets are sold out based on the social distancing seating rule, varsity games will be streamed online.

13. Spectators will only be allowed to purchase 1-4 tickets per game. This will allow for more families to be able to watch their child (children) perform. A max of four people will be allowed to sit together.

14. Seating will not be allowed in consecutive rows and will be designated seating to maintain 6 feet of distance between groups.

15. Double scheduled games:
    a. All spectators will be asked to leave between games to ensure that the facilities are able to be cleaned and sanitized prior to allowing spectators for the next game. Only families with athletes participating in both events will be allowed to enter back into the facility for the next game. Parents must purchase and possess a ticket(s) for both events prior to the first game. Permission will be granted from the head coach or designee, prior to the games.

16. Cheerleaders will cheer in designated areas. Areas will be assigned prior to arrival. Social distancing and wearing of face coverings and water bottles will be required.

17. Sub-varsity and Middle school teams will come to the game already dressed to play. There will be no locker room access. Designated restrooms will be assigned prior to the team's arrival.

COACHES PARTICIPATION

Coaches will be permitted to scout next game opponents only. So that social distancing rules are followed, only four coaches will be allowed in the press box for football. Only two coaches will be allowed in the gyms for volleyball. No coaching passes will be allowed. Ticket(s) will need to be purchased. **Exchanging films on time will be highly encouraged this year.**

TRANSPORTATION

1. Transportation from practice will not be provided by the district for the first week (9/14 - 9/18). Additional details and plans will be provided for the following

weeks and game nights.

2. Transportation will be provided to and from games. Face coverings must be worn on the bus.

3. Student-athletes that do not drive, will wait in designated areas with an assigned coach and maintain social distancing after practices and games.

4. Parents must remain in their vehicles for their child to come to them, after practices and games.

ALDINE
Independent School District

Aldine ISD Athletics Department
281.985.6100
1865 Aldine Bender Rd. | Houston, TX 77032

AldineISD.org